FINAL DETAILS Czech Rogaining Championships 2012



Guarantor Czech Association of Rogaining and Mountain Orienteering (ČAR)

Organizer OK Roztoky

Date 23. - 24. 6. 2012

Location: Plouznice - Hvezdov, Ralsko

Event Centre: premises of restaurant Blizalka - map

Parking: in the area of the event centre as directed by the organisers

Accommodation: in own tents only in restricted area around the event centre. Toilets and water will be available in the event centre, some showers will also be available (a limited number). It is not allowed to use other accommodation except the tents during the competition.

Registration

Friday 22.6.2012 18:00 – 23:00 at the event centre

Saturday 23.6.2012 8:00-9.30 at the event centre. Registration for the 12hour competition is open until 15:30 on Saturday.

We ask you to bring your own SI cards with you to the registration, so that we can check whether your version is suitable for the competition.

Event Type:

Czech 24 hours rogaining championships (Sat 12:00 - Sun 12:00)

12 hours rogaining - open race (Sat 18:00 - Sun 06:00) 6 hours rogaining - open race (Sat 12:00 - Sun 18:00)

Competition Area: former military area Ralsko, Polomene mountains. It is bordered by the road Bělá pod Bezdězem – Doksy – Jestřebí on the southwestern side, by a line joining Provodín - Brenná– Mimoň on the northwestern side, by the road joining Mimoň– Stráž pod Ralskem – Hamr na Jezeře – Chrastěná on the northern side and by a line joining Chrastěná – Dolní Krupá on the eastern side.

Terrain: Varied, mostly hilly but occasionaly flat terrain with whinstone hillocks, sandstone rocks, lakes and moorlands, 260 – 290 metres above sea level. Mostly covered by woodlands with a decent number of paths. Occasionally expect steep slopes, marshes, paddocks and residential areas

Map: Special map for rogaining, scale 1 : 50 000, e = 10 m; mapped 05/2009, updated 06/2012, waterproof layout, printed on Tyvek paper

Control Descriptions: verbal descriptions will be available (in Czech) and they will be given out along with their point value with the competition maps. The organiser's mobile number will be printed on the descriptions, which you should use in case of emergency.

Punching System: Electronic SI (Sport-Ident) system. There will a letter-code at each control, in case the SI box was stolen, which would be used to confirm your visit to the control.

Every competitor has to have her/his own SI card of type SI6.

Teams which intend to collect less than 30 controls can use the older type SI5, but the controls over the capacity of the card (30 checkpoints) will not be accepted.

The SI cards can also be hired from the organizers for a fee of 50 CZK per chip. The SI card has to be attached to wrist throughout the whole competition. Damage of the wristband results in disqualification. All members of the team are required to punch the control in the time space of **1 minute**, otherwise the point value will not be counted towards the final score.

All competitors have to clear their SI cards in the 'clear' box and check them in the 'check' box before the start (novices will be helped out by the organisers). The team has to sign in and out (or be signed by the organisers) on the special board during each visit of the hash house. When finishing, all team members have to punch the 'finish' box (the final time counts as the time of the team member who finishes the last).

SI cards hire: We ask you to bring your own SI cards to the registration, so that we can check if the version is suitable for the competition. In case it is not suitable, there will be SI6 cards available for hire.

Planner's comments: 10 minutes before the start of each competition

Classification System: Each check point is marked on the map and in control descriptions together with its value varying from 30 to 90 points – the value of each control is equal to its first digit times 10. The number and order of control points is up to discretion of each team (go-as-you-please). Passing of each control point has to be marked by inserting the SI card into the SI unit.

Each control point is marked by a white-orange control kite of size 30x30 cm, SI unit and punches (just in case of the SI unit failure). The final ranking of each team depends on the sum of the points gained. In case of an equal point result, the faster time wins.

Exceeding the given time limit results in penalization - each started minute equals to 20 points being taken away. If the time limit is exceeded by more than 30 minutes, the team will not be classified.

Refreshments during the race: During the race a non-stop buffet (hash house) in the event centre will be available for 12- and 24-hour rogainers only. Food offered includes soup, pasta, tea, coffee, water, cereals, chocolate, bananas, oranges, sultanas, biscuits.

In order to minimise waste, please <u>bring your own mug, bowl and cutlery</u> to the hash house!

Further refreshments: There will be a non-stop buffet run by organisers, offering tea, coffee, beer (Unetice, Zubr), lemonade, biscuits, soup, steaks, sausages, bread with lard and onion (czech speciality), utopence (czech speciality – you have to try it to see what it is!), home-made cakes and pies.

It is allowed to use the restaurants and food shops during the competition – they will be marked by × symbol on the map. We tried to find all the restaurants available, but the list might not be 100% complete.

Drinking water: There are virtually no natural sources of drinking water. Therefore, there will be 3 sites marked by a cup on the map, with bottles of drinking water throughout the whole competition. In case you cannot find any water at such a site, please call the organisers (mobile number will be printed on the descriptions) and we will amend the situation.

Compulsory equipment for the competition: Each competitor must have the following with them at all times throughout the race:

- 1. A whistle for attracting attention in case of emergency
- 2. We strongly recommend a charged-up mobile phone

Sunrise at 4:16 and sunset at 21:16.

Rules for movement in the competition area: The competition is taking place in a former military area; therefore for your own safety do not enter ruined and empty buildings. It is strictly forbidden to enter areas marked by purple cross-hatching! These areas are either places with active uranium quarries or nature reserves with forbidden entry. Furthermore, there are a few other nature reserves in the area marked by green dashed line – you are only allowed to use the paths in these areas! Purple solid line marks the enclosure bounded by wooden fence – you can only enter it via marked gates (you will be able to find other entrances as well, but do not use these in order to keep the competition fair); again only use the paths when moving within the enclosure! You are not allowed any animal company, especially following you outside of the enclosure!

The area is also used for a cycling orienteering event at the same time (Ruská ruleta), so please be extra careful when running/walking along the paths. You may also see some of their control points (kites). Try to minimise movement along the main roads, they are often very busy.

All competitors take part at their own risk; parents or legitimate guardians are responsible for competitors under 18 years of age.

Schedule

Friday 22.6.

• 18:00 - 23:00: Registration of 6, 12 and 24 hours rogaining participants

Saturday 23.6.

- 8:00 9:30 Registration of 6 and 24 hours rogaining participants, competitors in the 12 hours rogaining can register until 15:30
- 9:00 9:30 attachment of SI cards (using a wristband) for 6 and 24 hours rogaining competitors
- 10:00 6 and 24 hours rogaining map distribution
- 12:00 Start of 24 hours rogaining and 6 hours rogaining competitions
- 15:00 15:30 attachment of SI cards for 12 hours rogaining
- 16:00 12 hours rogaining map distribution
- 17:00 Hash house opens
- 18:00 Finish of 6 hours rogaining
- 18:00 Start of 12 hours rogaining
- 20:00 6 hours rogaining price-giving ceremony

Sunday 24.6.

- 06:00 finish of 12 hours rogaining
- 09:00 12 hours rogaining price-giving ceremony
- 12:00 Finish of 24 hours rogaining
- 13:00 Hash house closes
- 14:00 24 hours rogaining price-giving ceremony

Map Distribution

- Saturday 23.6. at 10:00 for 24 hours and 6 hours competitions
- Saturday 23.6. at 16:00 for 12 hours competition

Mass start of the race

- Saturday 23.6. at 12:00 for 24 hours and 6 hours competitions
- Sunday 23.6. at 18:00 for 12 hours competition

Finish

- Saturday 23.6. at 18:00 for 6 hours competition
- Sunday 24.6. at 06:00 for 12 hours competition
- Sunday 24.6. at 12:00 for 24 hours competition

Officials

Director: Jiří Bělohlávek

Vice director: Jitka Klinkerová

Technical director: František Pašek

Course planners: Pavel Procházka, Tomáš Landovský

Hash House, buffet and baby sitting: Andy Straková, Klárka Kamererová, Lucína Macková a Áňa Panochová